

Measures in response to COVID-19 (coronavirus disease): Precautions when eating or drinking

In addition to the basic measures to prevent COVID-19 infections (correctly worn masks, hand hygiene, maintaining social distance, ventilation), at Keio University, we ask that you maintain vigilance in ensuring to: (1) Avoid situations equivalent to close contact to the extent possible; and keep a record of the persons with whom you interact when close contact occurs; (2) Immediately contact any person who can be considered a close contact in the case that you test positive, as well as contacting the person in charge of your affiliated group and the Keio University Health Center; (3) **Self-quarantine at home and monitor your health** if you have been contacted by a person who has tested positive and **find out that you can be considered a close contact**.

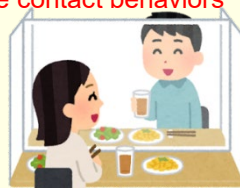
Eating and drinking are high-risk behaviors, that are likely to be equivalent close contact, and you are accordingly requested to exercise due caution in such situations.

Please maintain an appropriate awareness of behaviors equivalent to close contact when eating or drinking.

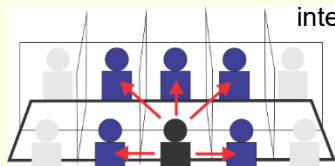
Interactions involving eating and drinking equivalent to close contact behaviors



Eating and drinking together at a table with no partitions, even if you are not having a conversation can be considered a close contact interaction.



Talking while eating or drinking, even if there is a partition in place can be considered close contact.



If meals are taking in predetermined seating, both the three people in front of you and the two people either side can be considered close contacts.



All persons in an indoor setting, who are eating and drinking in an enclosed space, such as a karaoke box, or eating and drinking while moving round, standing up, etc. **can be considered to be close contacts**.



Eating and drinking while engaged in conversation, even in outdoor settings is equivalent to close contact.

These behaviors are not equivalent to close contact only if there are partitions to prevent droplet dispersal in place and meals are taken in complete silence.



Ensure that you eat in silence during your lunch at the Student Cafeteria (Co-op Cafeteria).

Avoid situations whereby you may be unable to identify the persons with whom you will be in close contact



- ✓ Joining a group you have run into by chance
- ✓ Eating and drinking in a large group, whereby you cannot identify the participants
- ◆ When eating or drinking in a large group, the person in charge of the group (organizer) is requested to keep track of all participants and contact them to request that they self-quarantine at home if a person has tested positive.



- ✓ Impaired perception and memory
Drunkenness
- ◆ Drunkenness is dangerous from perspectives other than preventing infections. Remain vigilant to “**avoid drinking excessively and pressuring or allowing others to do so.**”
- ◆ Consumption of alcohol by persons under the age of 20 is against the law

* Cooperate with any requests from the government regarding the numbers, and time limits, etc. when participating in group dining. In addition, if your section, etc. has established discrete rules, please comply with these.