

To All Keio University Students:

Mita branch of the Keio University Health Center

Notice on the AY 2022 Annual Health Checkup

The Keio University Health Center holds Annual Health Checkups (health checkups) for all students based on the School Health and Safety Act. The Keio University Regulations also stipulate that “All students should undergo health checkup on an annual basis,” so be sure to take the health checkup.

Note that health checkup examinations including physical measurements may be cancelled or postponed depending on the status of COVID-19 (coronavirus disease) infections. Please check the Keio University Health Center website on a regular basis or as necessary. (We may also release information through the keio.jp portal site)

In principle, we do not conduct health checkups outside of the designated period.; however, please consult separately with the Health Center if during the designated period you will take a temporary leave of absence, are studying abroad, are prohibited from coming on campus because of an infectious disease stipulated by the School Health and Safety Act, are unable to travel to the university due to illness, or are in the middle of the self-isolation period due to a possible COVID-19 infection.

Step① Fill out the pre-checkup medical questionnaire

[Registration period]

Details will be made available on the university portal site (keio.jp news) in September.

[How to register]

Please access the registration form listed on the university portal site (keio.jp news)

[Important Notes]

- ① You may be contacted by e-mail at a later date depending on the content of the medical questionnaire. If you are contacted, please check the instructions and attend a doctor’s consultation if necessary.
- ② If you feel unwell, please consult the Keio University Health Center or another medical institution without waiting to be contacted.
- ③ If you would like to discuss considerations for classes and taking courses (credit acquisition), please consult directly with the Office of Student Services on your campus.

Step② Obtain a urine sample container

[Distribution period] [Place to obtain]

Details will be made available on the university portal site (keio.jp news) in September.

Step③ Health checkup examinations including physical measurements

[Examinations]

Height/Weight·Urinalysis (protein/ occult blood/ glucose)·Physical Examination·

Chest X-ray·Electrocardiogram※ ※Only students instructed to undergo the checkup

[Important notes]

- Please be sure to undergo the health checkup after registering for the pre-checkup medical questionnaire in Step①. **You will not be able to undergo the health checkup if you do not register.**
- If you require special considerations when taking the health checkup, please consult the Health Center in advance.
- Please refrain from undergoing the health checkup if you have cold symptoms like a fever.
- If you do not undergo the health checkup examinations including physical measurements, the issuance of the following document and the acquisition of credits for the following courses will not be permitted.
 - ◇ Issuance of “Certificate of Annual Health Checkup”
 - ◇ Credits for “Physical Activity Courses”

[Venue /date and time] Mita branch of the Health Center Headquarters (North Building 1F)

Date	Meeting time	Gender	Date	Meeting time	Gender
September,30(Fri)	15:00	Male	October,4(Tue)	15:00	Male
October,3(Mon)	15:00	Female	October,5(Wed)	15:00	Female

[Things to bring on the day of the health checkup]

- Masks (masks made from non-woven fabric recommended): please ensure that you wear a mask on the day.
 - Student ID card
 - Urine: Please collect a urine sample on the morning of the health checkup, and bring this with you to the health checkup venue.
If you are menstruating, please do not bring a urine sample taken on the day and instead report this at the reception.
 - There will be a chest X-ray examination. Please bring the items listed below with you.
 - Plain T-shirt: no T-shirts with paddings including bra tops, metal fittings, or prints
 - Hair bands or clips to fix your hair above the neck
- *Examination gowns and hair bands for taking the chest X-ray will not be available to borrow as a measure against the spread of infections.

[Results of health checkup examinations including physical measurements]

After the finish of the annual health checkup, the period when the results are available to view will be announced on the university portal site(keio.jp news). Please be sure to confirm the results of your health checkup.

Health checkup

<http://www.hcc.keio.ac.jp/en/health-checkup/index.html>



Submitting Annual Health Checkup Results

If a copy of the results for a health checkup that was taken by a student at an external medical institution are submitted, these can be used in lieu of the annual health checkup (but only if the results are for a health checkup that was conducted on or after April 1, 2022); however, it will not be possible to issue a “Certificate of Annual Health Checkup” in the name of the university in such cases.

<http://www.hcc.keio.ac.jp/en/health-checkup/student/extra.html>



Handling of Personal Information

Your information is never disclosed or provided to a third party without your prior consent, except when required by Japanese law. Personal medical information and personal information will be treated appropriately and in accordance with the Keio University Rules for Protection of Personal Medical Information (keio gijuku iryo kojinhohogokitei), the Keio University Rules to Protect Personal Information (keio gijuku kojinhohogokitei), and the Keio University Regulations Concerning the Protection of Personal Information in Academic Research (keio gijuku no gakujitsukenkyu no yo ni kyosuru kojinhohogokitei). Please note that the rules and regulations listed above are only available in Japanese. See Keio University's English privacy policy page for details: <https://www.keio.ac.jp/en/privacy-policy/>.