

September 2023

To All Keio University Students:

Mita branch of the Keio University Health Center

Notice on the AY 2023 Annual Health Checkup

The Keio University Health Center holds Annual Health Checkups (health checkups) for all students based on the School Health and Safety Act. The Keio University Regulations also stipulate that “All students should undergo health checkup on an annual basis,” so be sure to take the health checkup.

Keio University Health Center website // More information on the Annual Health Checkup

<http://www.hcc.keio.ac.jp/en/health-checkup/index.html>



In principle, we do not conduct health checkups outside of the designated period; however, please consult separately with the Health Center if during the designated period you will take a temporary leave of absence, are studying abroad, are prohibited from coming on campus because of an infectious disease stipulated by the School Health and Safety Act, are unable to travel to the university due to illness.

Step① Fill out the pre-checkup medical questionnaire (online)

[Registration period]

Details will be made available on the university portal site (keio.jp news) in September.

[How to register]

Please access the registration form listed on the “Notice on the Annual Health Checkup” page of the Keio University Health Center website (see above link/QR code) and fill out the required fields.

[Important Notes]

- ① You may be contacted by e-mail at a later date depending on the content of the medical questionnaire. If you are contacted, please check the instructions and attend a doctor's consultation if necessary.
- ② If you feel unwell, please consult the Keio University Health Center or another medical institution without waiting to be contacted.
- ③ If you would like to discuss considerations for classes and taking courses (credit acquisition), please consult directly with the Office of Student Services on your campus.

Step② Obtain a urine sample container

[Distribution period] 8:45~16:30 Weekday only.

[Place to obtain] Student Affairs Office or Health Center(North Building 1F)

Step③ Health checkup examinations including physical measurements

[Checkup Items]

Body measurements (height/weight), urinalysis, visual acuity, Blood pressure/Pulse rate, physical examination, electrocardiogram (*1), chest X-ray (*2)

*1 Only for new undergraduate students and those instructed *2 Only for new students and those instructed

[Venue] Mita branch of the Keio University Health Center

[Date and time]

Date	Meeting time	Gender	Date	Meeting time	Gender
September,28(Thu)	12:15 pm	Female	October,2(Mon)	12:15 pm	Male
September,29(Fri)	12:15 pm	Male	October,3(Tue)	12:15 pm	Female

[Important notes]

- Please be sure to undergo the health checkup after registering for the pre-checkup medical questionnaire in Step①. You will not be able to undergo the health checkup if you do not register.
- **Students planning to register for Physical Activity and Seminar on Physical Education courses are required to undergo the health checkup. Those who do not complete the health checkup cannot**

register for such courses. Please check the Institute of Physical Education website (<https://ipe.hc.keio.ac.jp/>) for more information.

- Because no locker facility is available at the venue, assume responsibility for your belongings. The Health Center is not liable for any loss of your belongings.
- Please refrain from undergoing the health checkup if you have cold symptoms like a fever.
- If you do not undergo the health checkup examinations including physical measurements, the issuance of “Certificate of Annual Health Checkup” will not be permitted.

[Things to bring on the day of the health checkup]

- Masks (masks made from non-woven fabric recommended): Please wear a mask during your health checkup as some tests are conducted in close quarters. We appreciate your cooperation.
- Student ID card
- Urine: Please collect a urine sample on the morning of the health checkup, and bring this with you to the health checkup venue.
If you are menstruating, please do not bring a urine sample taken on the day and instead report this at the reception.
- All new students must undergo a chest X-ray. There will be a chest X-ray examination. Please bring the items listed below with you.
 - Plain T-shirt (any color): no T-shirts with paddings, metal fittings, or buttons including bra tops, small prints, embroidery, or reflectors (reflective prints)
 - Hair bands or clips to fix your hair above the neck

*Examination gowns and hair bands for taking the chest X-ray will not be available to borrow as a measure against the spread of infections. If you are not dressed appropriately on the day of the checkup, you will be asked to purchase a designated T-shirt on the spot.

*Avoid wearing one-piece clothing items (overalls, etc.) as these items of clothing are not acceptable for checkups.

[Results of health checkup examinations including physical measurements]

After completing your health checkup, you can view the results through the on-campus portal site (keio.jp). At a later date we will announce when you can view your results, so please ensure to check the results of your checkup.

Health checkup

<http://www.hcc.keio.ac.jp/en/health-checkup/index.html>



Submitting Annual Health Checkup Results

Those who have undergone (or are scheduled to undergo) a health checkup in or after April 2023 at an external medical institution may submit a copy of their results in lieu of getting a health checkup at Keio University Health Center; however, it will not be possible to issue a “Certificate of Annual Health Checkup” in the name of the university in such cases.

<http://www.hcc.keio.ac.jp/en/health-checkup/student/extra.html>



Handling of Personal Information

Your information is never disclosed or provided to a third party without your prior consent, except when required by Japanese law. Personal medical information and personal information will be treated appropriately and in accordance with the Keio University Rules for Protection of Personal Medical Information (keio gijuku iryo kojinhoho hogokitei), the Keio University Rules to Protect Personal Information (keio gijuku kojinhoho hogokitei), and the Keio University Regulations Concerning the Protection of Personal Information in Academic Research (keio gijuku no gakujutsukenkyu no yo ni kyosuru kojinhoho hogokitei). Please note that the rules and regulations listed above are only available in Japanese. See Keio University's English privacy policy page for details: <https://www.keio.ac.jp/en/privacy-policy/>.